BLOOD BANK OF ALASKA

DONOR INTEREST

YES! I will commit to donating blood!

24 names = four hour blood drive!

CONTACT NAME / ORGANIZATION: _____ PHONE NUMBER: _____

My NAME	*My PHONE NUMBER*

WHO CAN DONATE

Anyone who is in good health, is at least 18 years of age (16 & 17 may donate may donate with a Parental Consent form signed by a legal guardian), and weighs at least 113 pounds may donate whole blood every 56 days.

DONATION PROCESS

You will be asked to show Photo I.D. with your social security number and/or birth date for identification purposes. You will also be asked to fill out a Donor History Form (DHF) with your biographical information and answer the medical history questions.

A Blood Bank of Alaska staff member will guide you through a "mini-physical," and record the following information:
1) blood pressure 2) pulse 3) temperature
4) hematocrit (*red cell count*).

The staff member will ask you a few confidential questions, prepare your blood donation bag, and lead you to the phlebotomy area for your donation.

After you donate, enjoy all the juice and cookies you deserve for making time to give the gift of life to hospital patients in need!

Please FAX to:
(907) 222-5659 Anchorage/Statewide
(907) 456-5644 Fairbanks

☑ **EAT A GOOD MEAL** ***(prior to)***
☑ **DRINK PLENTY OF FLUIDS**
☑ **BRING PHOTO I.D.**
(with SSN or birth date for verification)

Anchorage Main Blood Center
4000 Laurel Street
Anchorage, AK. 99508
(907) 222-5600
Appointments: 222-5630

South Anchorage Blood Center
800 E Dimond Blvd.
Anchorage, AK 99515
(907) 344-5021
Appointments: (907) 222-5630

Fairbanks Blood Center
3010 Airport Way
Fairbanks, Alaska 99709
(907) 456-5645
Appointments: (907) 456-5645

Give Blood • Give Life

Rev: 032310

Appointments preferred • Walk-ins welcome as time permits • For more information & hours of operation, please visit our website at:
www.bloodbankofalaska.org