



BLOOD BANK OF ALASKA

PINT-SIZED FACTS

Educational Information to Share

The following facts illustrate the importance of making time to donate blood on a consistent basis. By making a commitment to give blood at least three times per year ensures an adequate supply to hospitals throughout Alaska, all the time.

- The rarest blood type is the type that isn't available when it's needed most.
- By the age of 72, nearly 95% of the population will need blood or a blood product.
- Each year, more than 4 million Americans need blood transfusions.
- One blood donation can help three hospital patients.
- 32,000 blood donors are needed each day throughout the United States.
- In Alaska, fewer than 5% of eligible donors give blood.
- Whole blood has a shelf life of 42 days and platelets have a shelf life of 5 days.
- Donors can give blood once every 56 days or once every 112 days if donating double red cells.
- There is no substitute for human blood.

Blood Bank of Alaska:

- serves Alaskan patients and hospitals first
- needs 100 blood donors per day to meet hospital requests
- prepares for varying demand by keeping a certain amount of all blood types stocked
- collects different blood types to include common and rare types for all transfusable products
- distributes on average 500 units of blood per week to hospitals
- provides blood to 25 hospitals & clinics throughout Alaska

- EAT A GOOD MEAL** (*prior to*)
- DRINK PLENTY OF FLUIDS** (*prior to*)
- BRING PHOTO I.D.** (*with SSN or birth date for verification*)



**Anchorage Main
Blood Center**
4000 Laurel Street
Anchorage, AK. 99508
(907) 222-5600
Appointments: 222-5630

**South Anchorage
Blood Center**
800 E Dimond Blvd.
Anchorage, AK 99515
(907) 344-5021
Appointments: (907) 222-5630

**Fairbanks
Blood Center**
3010 Airport Way
Fairbanks, Alaska 99709
(907) 456-5645
Appointments: (907) 456-5645

Give Blood • Give Life

Rev: 032310

**Appointments preferred • Walk-ins welcome as time permits • For more information & hours of operation, please visit our website at:
www.bloodbankofalaska.org**