

LOCATION:

TIME:

DATE:



- Get a FREE T-shirt!
- Automatic entry for a chance to win the iLIFE challenge!

For more info visit: www.bloodbankofalaska.org

- Eat a Good Meal
- Drink Plenty of Fluids
- Bring Photo I.D. & Parental Consent Form
- Save a LIFE
- Win the High School Challenge

Blood Bank of Alaska

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Does it hurt?

Not nearly as much as that tongue ring.

DONATE BLOOD

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