74% of the population is comprised of **TWO** blood types: O Positive and A Positive

Only **ONE** blood type can receive red blood cells from all of the others: AB Positive

AB Positive = UNIVERSAL RECIPIENT
O Negative = UNIVERSAL DONOR

Red Blood Cell Breakdown

Donor

Recipient

O- O+ A+ A- B+ B- AB+ AB-

O+ A+ B+ AB+ A+ AB+

A+ A- AB+ AB+

B+ AB+ B+ B- AB+ AB-

B+ AB+ B+ B- AB+ AB-

AB+ AB+ AB+ AB-